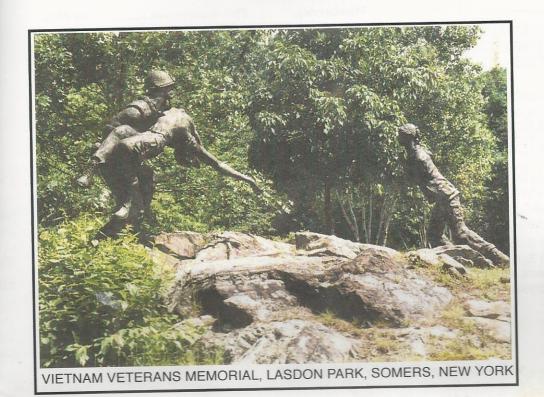
# Vietnam Veterans of America





Westchester
County
Chapter #49

If box is checked your dues are due now.

All the POW's are not home yet!



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Westchester County Chapter 49
Vietnam Veterans of America
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Pleasantville, New York 10570
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### VVA CHAPTER 49 OFFICERS & COMMITTEES

#### **Chapter Officers:**

..... 769-7744 Rick Burns President: Al Zawiski ..... 428-9352 Vice President: Jim LaManna ...... 793-6077 Secretary: Treasurer: Al Singerman ...... 930-7433

**Board of Directors: (5)** 

Terry Keogh 

State Council Delegates: (6)

Dan Griffin Jim LaManna **Barney Puleo** 

Al Singerman Al Zawiski Terry Keogh

Nominating Chairman:

Dan Griffin

Veterans Offices:

Yonkers: Carmel:

Louis Navarro ...... 377-6700 Brennen Mahoney .... 845-808-1620

300 Hamilton Ave, White Plains, NY 10601 Vet Center:

> Roger Paulmeno ...... 682-6250 Vinnie Matthews ...... 682-6250

White Plains Clinic ...... 421-1951 23 S. Broadway, White Plains, NY 10601

FDR Montrose Hospital ...... 737-4400

**Vets Employment Counselor:** 

Greg Whittaker ...... 997-4138

Committees:

Phil Wanderman ...... 963-3034 Membership

Al Singerman ...... 930-7433 Legislation

Dan Griffin ...... 682-4949 Comm. Affairs

Dan Griffin ...... 682-4949 POW / MIA

Jim LaManna ...... 793-6077 **Member Products** 

Color Guard Rich Palazzo ...... 845-297-1513

Bob Miller ...... 391-8723 Scholarship

WESTCHESTER COUNTY VETERANS MUSEUM

HOURS:

11:00 - 3:30 914-864-7068 WEDNESDAY - SUNDAY AND HOLIDAYS

Chapter 49 Telephone / Fax Number (914) 682-4949

Website:

www.vietnamvets49.org

E-Mail:

mailto: Chapter49@aol.com

Meetings: 1st Thursday of the month

Armonk Post 1097 35 Bedford Rd. Armonk, NY 10504

**Westchester County** Veterans Service Agency:

Director:

Vito Pinto ...... 995-2146 / 2145

This newsletter is a publication of Chapter 49, however the opinions expressed herein are those of the contributors, and as such, they do not necessarily represent those of Chapter 49. All views are welcome for publication. Submit items of interest, including poems, short stories, photographs, etc., to the Editors at the Chapter address or call for other arrangements. Materials submitted will not be returned unless otherwise requested.

#### **EXECUTIVE DIRECTOR'S REPORT**

If you would prefer to receive your newsletter by email, call us at 682-4949, email us at <a href="mailto:chapter49@aol.com">chapter49@aol.com</a> or go to our web site at vietnamvets49.org. If you are receiving our newsletter both ways; by mail and email, let us know.

Elsewhere in this newsletter is a flyer for our annual picnic/barbeque, which will be on September 13<sup>th</sup>. This notice may be early but it will give you the time to mark your calendar. This event is free and it is a chance for us and our families to meet for the first time or to renew our friendships. I hope to see you there.

I want to thank our Chapter members who have volunteered at the New York State Veterans Nursing Home Gift Shop throughout the year. Thank you very much for leading the effort: Al Zawiski, he dedicates a lot of his time. Also thank you to: Matt Coffey, Carl Diliberto and Mike Fogarty. Matt also teaches our computer skills class to homeless vets.

And throughout the year Jim LaManna runs our Product Sales program, he also sells our products at all of the New York State Council meetings up in Owego.

Thank you Jim.

Take care of yourself and each other

Dan Griffin

Welcome to our newest members

Julius P. Camelio from New Rochelle Raymond Pena from Dobbs Ferry John Tkachuk life member from Yonkers Nicholas Skirka life member from Yonkers

## "GOOD MORNING VIETNAM VETERANS" Northeast U.S.A. Vietnam Veterans Reunion Association

## <u>15TH ANNUAL REUNION</u> <u>2000 -- 2014</u>

July 25 - 27, 2014



This year we will have members from the Vietnam Veterans Memorial Fund from Washington, DC. They are the people that made the "Wall" possible. Now they are building an "Education Center" across from the Wall. They are requesting photographs of any of the Veterans who are listed on the Wall to be displayed in the Education Center. If you have any photos that you would like posted, please bring them to our reunion, they will be scanned on site and returned to you that day. We are supporting this worthy cause and ask for your participation to help them succeed.

All Veterans, their families, and friends are invited to our

### **Annual Memorial Service**

12 Noon Saturday, July 26, 2014 At 5143 RT. 81 West, Greenville, NY 12083

Join us as we salute our fellow Vietnam Veterans, and pay tribute to our missing and deceased comrades who valiantly served our country in Vietnam.

We offer a special welcome to those now serving in our nation's military and to <u>ALL</u> Veterans who have defended this great land in the past.



There will be Color Guards, Firing Squads, And An Abundance of Good Old American Pride!



The Memorial will be followed by great music and food thanks to the generosity of our wonderful supporters!



Greene County Tourism 700 Rte. 23B, Leeds, NY 12451 800-355-CATS or 518-943-3223 Contact information on the reunion e-mail nevietvets@yahoo.com Or call Jim Sill at 518-966-5295

For more Information on The Reunion we invite you to visit our website at <a href="www.nevietvets.us">www.nevietvets.us</a> or Write or to donate: Northeast USA Vietnam Veterans Reunion, P. O. Box 326, Freehold, NY 12431

### THE FORGOTTEN HOMECOMING

More than 40 years have passed and the words have never been uttered No songs, no banners, no gratitude just people who closed their shutters No parades, no ticker-tape, no standing ovation Only silence, and whispers of a protesting Nation

Although there were many who might care to stand, To reach out with gratitude and shake my hand There were many more who took FREEDOM for granted No concern where my mission and feet had been planted

Many had been called upon by our great Nation To bring hope and democracy for a new generation I served diligently with honor, humbly fighting to stay alive The taste of FREEDOM was always my main drive

Now 45 years later as I memorialize in my mind The battles for FREEDOM and the friends left behind. Some ungrateful, taking FREEDOM for granted - that's ignorance They have no concept of the cost of battle for independence

Today as I reflect on the years that have passed I still see how Patriotism is standing steadfast As I celebrate and appreciate another year of life Loving my friends, my children, my wife

I embrace a generation of those that I served And a new generation that seem un-assured I hope that democracy, truth and decency are still alive And the FREEDOMS *many* have died for will continue to thrive

God Bless America and the men and women who have sacrificed In the name of FREEDOM!

And may I not forget the reason that I wrote this poem -

# WELCOME HOME WARRIOR, WELCOME HOME!

FOR ALL THOSE WHO WERE <u>NEVER</u> WELCOMED HOME (or never made it home) THANK YOU ~ YOU ARE NEVER FORGOTTEN

My family is GRATEFUL – Written by Sandra Eichler-Gonzalez ~ aka ~ PATRIOTCHICK Patriot Guard Riders - www.patriotguard.org

### VA Antimicrobial Stewardship Program What it Does

Ever since Sir Alexander Fleming discovered penicillin nearly 90 years ago, antibiotics have been a powerful means for treating bacterial infections and saving lives. Unfortunately, prescribing practices around these drugs have resulted in "antibiotic resistance." Whether it's the use of antibiotics without testing to first confirm infection, improper dosing, or poor communication with patients regarding compliance, the end result is the same. Many antibiotics are no longer effective at killing the bacteria they once killed, making it difficult, if not impossible for doctors to treat certain infections. To ensure antibiotics remain effective, we all play a role – doctors, hospitals and patients. While the first line of defense is to prevent infection, there are also some key points to keep in mind when using antibiotics.

· First, don't ask for antibiotics when you have a virus such as a cold or flu. Antibiotics don't

work on these infections.

· Next, only use antibiotics when your health care provider prescribes them for you, and follow the directions when taking them.

· Finally, be sure to finish the entire course of antibiotics – even if you start to feel better – to ensure the infection is fully gone.

Antibiotic resistance can also lead to adverse drug reactions – allergic reaction, antibiotic drug toxicities and more – or complications that make patients even sicker, require hospitalization, prolong hospitalization and create a higher risk of death from infection. According to the Centers for Disease Control and Prevention (CDC), nearly half of all hospitalized patients are given an antibiotic for at least one day of their hospital stay. That is an alarming statistic, which should worry us, whether we're clinicians, hospital administrators or patients. Could testing have determined if the drug was needed in the first place? Did the patient understand the dosing instructions, including the importance of taking the entire prescription even if their symptoms cleared up? Because of this, antimicrobial stewardship programs have become a top priority for hospital and healthcare systems nationwide. These programs seek to prescribe appropriately, provide for regular reassessment, and closely monitor patient outcomes, among other goals. The CDC recently recognized VA's efforts in antimicrobial stewardship. VA's National Antimicrobial Stewardship Task Force (ASTF), chartered three years ago, oversees a number of activities, including six work groups, monthly educational conferences and the collection and dissemination of a wide variety of resources for VA field offices to use in developing local stewardship policies. As of November 2012, 64 percent of VA facilities had an antimicrobial stewardship policy in existence or in development. Earlier this year, VA reaffirmed their commitment to antimicrobial stewardship through the development and publication of VHA Directive 1031. Importantly, this directive establishes stewardship programs in all VA facilities by the end of this coming July.

Up to now, the ASTF has focused primarily on stewardship initiatives for hospital settings and is now seeking to develop similar initiatives for outpatient settings and long-term care facilities such as Community Living Centers. ASTF has also worked closely with VA's Office of Research and Development, to develop a solid evidence-base for new practices and policies. You'll be hearing more about the VA's Antimicrobial Stewardship Program in the coming months. For more information about antimicrobial stewardship, visit the CDC's "Get Smart for

Healthcare" at http://www.cdc.gov/getsmart/healthcare.

[Source: Vantage Point | Melinda Neuhauser and Gary Roselle | 21 Apr 2014 ++]

### **VA Travel Allowance Update 15** □ **General Rules**

Here are the general rules as to who gets reimbursement for VA appointments and how it works: If you are 30 percent or more service-connected by the VA.

- · If you are less than 30 percent, then the treatment you are receiving must be for a service-connected condition.
- · If you receive a VA pension, Aid and Attendance or Housebound benefits.
- · If you are traveling in relation to a Compensation and Pension (C&P) exam.
- · Veterans with an annual income below the annual VA pension rate (determined by a means test).
- The current allowable reimbursement amount is 41.5 cents per mile. There is a \$3 deductible for each one-way visit, or \$6 for each round-trip visit. Upon reaching \$18 in deductibles or six one-way (three round) trips, travel payments made for the balance of that particular month will be free of deductible charges. A waiver of these deductibles is given to eligible veterans with low income.
- · You must have an appointment to be eligible for travel pay. Visits that are solely for obtaining pharmaceuticals or lab tests are not considered appointments. If you have separate appointments on the same day at the same location for medical different conditions, you can only receive one travel pay for the day.
- · Travel reimbursement is not solely given for appointments at the Veterans Affairs' Regional Medical Centers. If you travel to a VA clinic and you meet the requirements as laid out above, you are eligible for travel reimbursement.
- · You qualify for special mode transportation (Ambulance, Wheelchair van etc.) if you meet one of the first 4 eligibility items on this list and:
- a. Your medical condition requires an ambulance or a specially equipped van as determined by a VA clinician, and
- b. The travel is pre-authorized (authorization is not required for emergencies if a delay would be hazardous to life or health)
- · It is your responsibility to apply for any VA travel benefits. You can go back normally 30 days to claim any travel reimbursement. You should be able to obtain the travel form at any VA facility. You can complete one online and download it at http://www.va.gov/vaforms/medical/pdf/vha-10-3542-fill.pdf .
- · You have the option to direct deposit the reimbursement in your banking account.

[Source: http://www.va.gov/healthbenefits/access/Beneficiary\_travel.asp Apr 2014 ++]



### **CHAPTER PICNIC**

SEPTEMBER 13nd 12:00 UNTILL?

ARMONK AMERICAN LEGION PAVILION

CHAPTER WILL FURNISH HOT DOGS, HAMBURGERS, CORN, CLAMS AND SODA

PLEASE BRING SALADS AND CONDIMENTS

THIS PICNIC IS FOR US AND OUR FAMILIES

WE NEED TO KNOW HOW MANY ARE ATTENDING

SO CALL THE CHAPTER OFFICE 914-682-4949

Or email chapter49@aol.com

BY SEPTEMBER 5th

PLEASE FEEL FREE TO DONATE

HOPE TO SEE YOU ALL THERE

			JULY 20	14		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 meeting Armonk 6:30 dinner 7:30 meeting	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 pizza Party FDR stress unit 5:30	23	24	25 reunion Vietnam vets Greenville, NY	26 reunion Vietnam vets 12:00 Greenville,NY
27 reunion Vietnam vets Greenville, NY	28	29	30	31		

AUGUST 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		THE SHAPE OF	HE APPLIE	Mose	1	2
3	4	5	6	7 meeting Armonk 6:30dinner 7:30 meeting	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26 pizza Party FDR stress unit 5:30	27	28	29	30

		01	PTEMBER	2017		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2	3	4 meeting Armonk 6:30 dinner 7:30 meeting	5	6 Armonk American Legion barbeque
7	8	9	10	11	12	13 VVA Barbeque 12:00
14	15	16	17	18	19	20
21	22 pizza Party FDR Stress Unit 5:0PM	23	24	25	26	27
28	29	30		Desail of		

OCTOBER 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	SUC		1	2 meeting Armonk 6:30 dinner 7:30 meeting	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28 pizza Party FDR stress Unit 5:30PM	29	30	31 Halloween	



## **★** MEMBERSHIP





## WE NEED YOU IN THE VIET-NAM VETERANS OF AMERICA MEMBERSHIP ELIGIBILITY AND FEES

MEMBERSHIP IS OPEN TO ALL WHO SHARE OUR CONCERNS, BOTH MEN AND WOMEN, FRIENDS, SUPPORTERS, AND FAMILIES, VETERAN OR NOT. WE ENCOURAGE ASSOCIATE MEMBERSHIP. INDIVIDUAL MEMBERSHIP IS OPEN TO ANY VIET-NAM ERA VETERAN WHO SERVED ON ACTIVE DUTY IN THE U.S. ARMED FORCES DURING THE PERIOD FROM JANUARY 1, 1959 TO MAY 7, 1975.

#### ANNUAL MEMBERSHIP:

- MINDIVIDUAL MEMBER (IND) A VIET-NAM ERA VETERAN WHO PAYS MEMBERSHIP FEES ANNUALLY.
- ASSOCIATE MEMBER (ASO) A NON VIET-NAM ERA VETERAN WHO PAYS MEMBERSHIP FEES ANNUALLY.

  LIFE MEMBERSHIP:
- LIFE MEMBER (PAID) A VIET-NAM ERA VETERAN WHOS LIFE MEMBERSHIP HAS BEEN PAID IN FULL.
- ASSOCIATED LIFE MEMBER (PAID) AN ASSOCIATED MEMBER WHOS LIFE MEMBERSHIP HAS BEEN PAID IN FULL.
- LIFE MEMBER PLANNED PAYMENT (LMPP) A VIET-NAM ERA VETERAN WITH THE AGREEMENT OF THE PLANNED PAYMENT (LMPP) FOR LIFE MEMBERSHIP.
- ASSOCIATED LIFE MEMBER PLANNED PAYMENT (ALPP) AN ASSOCIATED MEMBER WITH THE AGREEMENT OF THE PLANNED PAYMENT (ALPP) FOR ASSOCIATE LIFE MEMBERSHIP.
- THE PLANNED PAYMENT REQUIRES COMPLETION WITHIN A PERIOD OF TWELVE MONTHS.
- FEES: ANNUAL FEES OF \$ 20.00 FOR INDIVIDUAL OR ASSOCIATED MEMBERSHIP OR MAKE A PAYMENT OF 50.00 FOR A THREE YEAR MEMBERSHIP AND SAVE \$ 10.00.

#### LIFE MEMBERSHIP FEES ARE AS FOLLOWS:

CURRENT AGE:

49 AND UNDER......\$ 250.00 50 TO 55......\$ 225.00 56 TO 60......\$ 200.00 61 TO 65.....\$ 175.00 66 AND OVER....\$ 150.00

#### PLEASE NOTE:

- PROOF OF AGE MUST BE SUBMITTED ON ALL APPLICATIONS FOR LIFE MEMBERSHIP.
- COPY OF FORM DD 214 MUST BE SUBMITTED FOR VIET-NAM ERA VETERANS.

### \* MEMBERSHIP APPLICATION

\*

$\circ$	I AM A VIET-NAM VETERAN / FEE: \$20.00 of 50.00 / Copy of DD 214 is Required
0	LAMA A NONLYHET MANANETEDAM AND DIEGE THEOLOGICAL

O I AM A NON-VIET-NAM VETERAN AND PLEASE ENROL ME AS AN ASSOCIATE MEMBER OF VVA / FEE: \$20.00 or 50.00

- O RENEWAL of MEMBERSHIP / FEE: \$20,00 or \$50,00
- O I Wish to Contribute and be kept informed (Enclosed is my Annual Contribution) \$\_\_\_\_\_\_
- O ADDRESS CHANGE (Indicate Chages Below)

LIFE MEMBERSHIP:

O VIET-NAM ERA VETERAN

O ASSOCIATE MEMBER

\* see note above

NAME: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_ DATE of BIRTH \_\_\_\_\_

ITY: \_\_\_\_\_ STATE: \_\_\_\_ ZIP CODE:

Please make Cheque or Money Order Payable to: V.V.A Chapter #49 To: Membership Chair, V.V.A. Chapter #49 PO Box 224, Pleasantville, NY 10570

Questions?: Call the Chapter. Phone/Fax (914) 682-4949 Meetings of the Viet-Nam Veterans of America, Chapter #49 are held the first Thursday of each Month @ 7:30pm. Please check current Newsletter for Location.



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